

FOR IMMEDIATE RELEASE:

**PANTA RHEI — *Everything Flows* (Heraclitus)
Cosmic Impermanence.**

With Gretl Bauer, Leslie Ford, Edward M. Giordano Jr., Victoria Lowe, Tammi Meehan and Gerald Wolfe.

Concept by Priska Juschka

Exhibition Dates: May 2 — May 25, 2024

OPENING RECEPTION: FRIDAY, MAY 3 | 5:30 — 8 PM

EVENTS:

POETRY READING - MARIE G. FOCHIOS, *Intimate Reflections*: WEDNESDAY, MAY 8 | 6:30 PM

LES Gallery Nights | Lower East Side Galleries Open till 8 PM

COLLECTORS NIGHT- Curatorial Exhibition Walk Thru & RECEPTION: THURSDAY, MAY 16 | 6-8 PM

Press Release:

Lichtundfire is pleased to present and welcomes all to the Opening Reception of PANTA RHEI — *Everything Flows* (Heraclitus) — Cosmic Impermanence.

Inspired by the Greek pre-socratic Philosopher Heraclitus (500 BC), and his idea of constant change - *all things are in flux* - this exhibition in various media addresses the concept of a world that Heraclitus describes as "*always becoming but never being*".

Panta Rhei = *everything flows*, the Greek term for the realization of a conundrum- that in Heraclitus' words, "*No man ever steps in the same river twice*", with the joined connotation/ meaning that both neither the river nor the man/human will be the same a second time.

Even though it is unclear whether Heraclitus actually coined the phrase, or whether it was a slightly different one, *Panta Chorei*, *everything moves*- what remains is the idea that a stand-still doesn't exist on Earth nor beyond; and especially with the progress of molecular and nanophysics and the discovery that all firm bodies (to the eye-) are made of smaller elements and moving particles- the idea that both organic and inorganic matter remains the same has been widely dismissed.

In this way, Heraclitus was perhaps the first materialist — 24 centuries before the German-born economist, philosopher and theoretician Karl Marx. Heraclitus' observations and conclusions would be equated with an advanced version of Critical Theory today- the *process and our understanding* that we constantly change in response and in inter-dependency to what is around us, and as well as what we consider our own human form, body, disposition and constitution, and that we never remain the same throughout our lives.

The artists in this exhibition with painting, process art, sculpture, and works on paper, and with their own individual practices, comment visually and conceptually on the notion of flow and movement while also emoting, abstractly, existential observations about form, humanity and personhood.

For additional information, images, events and to arrange an appointment, please contact Priska Juschka at 917.675.7835 or info@lichtundfire.com .

About Lichtundfire:

LICHTUNDFIRE was established in 2015, with a visual program emphasizing nonrepresentational, conceptual, and abstract art; especially minimal, color field, geometrical, straight edge, abstract expressionist painting, lyrical abstraction, and process work in all media, as well as abstracted, conceptual representation.

By its exhibitions, Lichtundfire's program is dedicated to developing and nurturing an active, engaged, progressive, and emancipated art community that addresses cultural and social realities as expressed through visual arts.

Beyond its carefully curated visual program, Lichtundfire seeks to actively connect with other parts of the creative community, especially in the field of poetry, literature, philosophy and Critical Theory.

Subway Stop: F/M or J/Z to Delancey & Essex Streets
Instagram: [@lichtundfire](https://www.instagram.com/lichtundfire) and hashtag: [#lichtundfire](https://www.instagram.com/lichtundfire)
Facebook: <https://www.facebook.com/lichtundfire>

GALLERY HOURS: Wed — Sat, 12—6 pm and TUESDAY BY APPOINTMENT.

To schedule an appointment, please email Priska Juschka at info@lichtundfire.com

Lichtundfire: 175 Rivington Street, NY NY 10002
Contact: Priska Juschka, info@lichtundfire.com, Tel. 917.675.7835
Gallery Hours: Wednesday – Saturday, 12 – 6 pm, or Tuesday by appointment
www.lichtundfire.com